

Our One-Day Systemic Family Constellation Workshop is scheduled for November 23, 2019. Space is limited, so register early for this special healing day!

Speigel^{.com}therapy



I am excited to invite you to the first of what I hope to be a regular event for our clients; A Day of Systemic Family Constellation Work. If you have not yet experienced this mysterious and dynamic healing group process, you will be impressed with its results.

I have included a link below to an article about the process that you can review along with

some comments from some clients who participated in Systemic Family Constellation sessions at a men's retreat a few months ago. But as one of our PTI clients remarked many years ago, "if you really want to know, you've got to go."

For those who are interested, I would like to form a regular core group so we can meet perhaps once every quarter for ongoing work. We will discuss those options at our first workshop.

Click this [LINK](#) to read an article I found that seems like a fair and neutral review of Systemic Family Constellation work.

Here are some comments from participants in Speigel led Systemic Family Constellation sessions:

"A potent, body-centered approach for wordlessly revealing the assumptions and beliefs that continue to shape our lives and relationships. A surprisingly effective tool to bypass our analytical reflexes and bring us to the truth of our feelings and experience." C.A.

"This was among the most impactful experiences I've ever had in terms of my journey of personal growth. I received many gifts from the constellation work and I deeply appreciate the learnings I've gotten from my session." J.T.

"By witnessing my family constellation I was better able to see the dynamic between my family members and myself. There was an aspect I wish I could have explored more. Would I participate again? Yes. D.O.

"An exciting experience learning about Family Constellation work. The spiritual and connection side makes you appreciate life much more." T.M.

Here are the particulars for the upcoming workshop:

(See other side)

When:

November 23, 2019, Sat. 10-5pm

Where:

Fauntleroy Schoolhouse
9131 California Ave SW
Seattle, WA 98136

Cost:

Deposit to hold your seat: \$50 (pay this now and balance
after insurance payment)

Discount if no health insurance: \$126 (pay all this now)

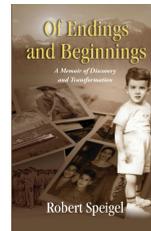
Total if we bill health insurance: \$162 (you only pay the difference)

Space is limited, so please register early.

To see the listing of this workshop on our website and to register click [HERE](#). To speak to Rob directly about this program, call him at 206-569-8353, or write to him at the email address below.

Love and Peace,
Rob Spiegel
Author of "Of Endings and Beginnings"
A Memoir of Discovery and Transformation"

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