

Finding Our Wild Man

A Key Weekend Retreat for Men



“To be wild is not to be crazy or psychotic. True wildness is a love of nature, a delight in silence, a voice free to say spontaneous things, and an exuberant curiosity in the face of the unknown.”

Robert Bly

Details of the Retreat

When: Friday April 27, 2018 at 4:00 PM to
Sunday April 29, 2018 at 5:00 PM

Where: Mosswood Hollow
20215 320 Ave. NE
Duvall, WA 98019
425-844-9050

Cost: Tuition Food Room
\$485.00 \$120 \$50-\$256
(Minimum of 8 participants)

For more details and to register, go to
www.speigeltherapy.com



Mosswood Hollow Retreat Center

The Retreat Will Provide You With:

- The unique opportunity to be “In Retreat” with other men seeking to explore healthy male power
- The time and space to study Robert Bly’s “Iron John” along with Jung’s archetypes of the Hero’s Journey
- A map to discover the location of the Key to your personal Wild Man archetype using the experiential processes of Group Hypnotherapy and Psychodrama
- The mechanism to recover our Key to release our Wild Man and return to our families, friends, and work connected to our healthy male power and able to meet all our own needs

Your Retreat Leader Rob Spiegel



Robert Spiegel has over 45 years experience as psychotherapist, clinical hypnotherapist, author, teacher, and research scientist. He is a visionary inventor, holding three United States patents for bio-behavioral medical technology, and served as a two-time Principal Investigator for the National Institutes of Health. His research proved the efficacy of his targeted medical hypnosis technology.

Rob holds a Bachelor of Science Degree in Experimental Psychology from Wright State University (1970) and a Master of Social Work degree from the University of Michigan (1973). He is a member of the Academy of Certified Social Workers, a Board Certified Diplomate of the National Association of Social Workers, and a Washington State Licensed Independent Clinical Social Worker. He holds an Advanced Certified Hypnotherapist certification, and In addition to his private practice, offers an array of intensive trauma recovery programs for clients interested in reaching the deepest level of recovery possible. His memoir, “Of Endings and Beginnings, A Memoir of Discovery and Transformation” is available at Amazon and most bookstores, and you can follow his blog and podcast, “I Know What Rob Would Say” at www.beloof.com.

[speigeltherapy.com](http://www.speigeltherapy.com)

More on reverse side

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Men are struggling with their identity. Men who act out sexually dominate the news. Other men are lost and struggle with their purpose. Robert Bly in his groundbreaking book "Iron John" along with Carl Jung, MD put forth a dynamic theory explaining why men struggle in their relationship with themselves and others. Join me and other men for a wonderful retreat in a beautiful setting for a full weekend retreat exploring Bly and Jung's work and experience amazing processes that bring their work alive and creates transformational changes.

Finding the key to your Wild Man

- Our Wild Man is gentle but brave
- Our Wild Man is humble but confident
- Our Wild Man is quiet but outspoken
- Our Wild Man is fair but exploits opportunities
- Our Wild Man is respectful but pushes the limits
- Our Wild Man is internally strong but finds strength in mobilizing his resources
- Our Wild Man is completely rational but connected to his heart emotions
- Our Wild Man is moral but sexually passionate
- Our Wild Man lives in integrity and takes full responsibility
- Our Wild Man is persistent but knows when to change direction
- Our Wild Man is loyal but practices rigorous self-care
- Our Wild Man is relaxed but keenly aware
- Our Wild Man is conscious but thoughtful
- Our Wild Man is a complete man

Join us for a weekend in experiential retreat finding the key to unlock the cage that holds your Wild Man